



## President's Note

Late last month, I attended a national PFLAG Chapter Leaders Check-in meeting to discuss the case PFLAG vs. Trump. This is a federal legal challenge to ensure transgender people under 19 continue to receive gender-affirming care. Hearing from the many people directly involved in the case reminded me why this community is so important.

There will be challenges ahead but **we have each other and together we are stronger.** You can read more about the case at the [PFLAG vs. Trump FAQ](#).



We visited our (trans)daughter in Chicago for spring break and spent time in the inclusive neighborhood of Northalsted. Inclusive sidewalks, murals, businesses, people.... it was a dream and gives me continued hope that **love wins.**

-Laura

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# Pride Events

Mark your calendar - **Apex Pride is June 14.** We will have a booth where we would love to have volunteers.

On our Instagram account, we repost event information from other local groups. Here are other local Pride events.

June 6-7: Pittsboro Pride

June 20-21: Out! Raleigh

June 27: Carrboro Pride

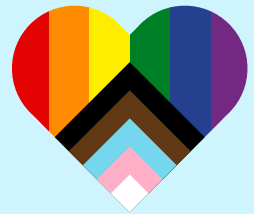
June 28: Fuquay-Varina Pride

Sept 6: Holly Springs Pride

Sept 27-28: Durham Pride

Oct 11: Wake Forest Pride

***“Hope will never be silent.”***  
– Harvey Milk



## Interested in membership?

A portion of membership dues are given to PFLAG National to assist in advocacy work and creating resources. The remainder goes toward hosting support meetings, and planning and participating in community events.

We accept payments through our website, Paypal, Venmo, check or cash.



Paypal  
@pflagapex



**venmo**

## SUPPORT MEETINGS

Our support meetings are the first Monday of each month from 7:00pm-8:00pm. Contact us for location.

Our meetings are always free and you do not need to be a member.

Monday April 7

Monday May 5

Monday June 2

# Merchandise!

PFLAG National has come out with a bunch of new t-shirts for the chapters! We are holding a shirt fundraiser, starting now through March 30th. Please see below the different t-shirt designs and details. We also have PFLAG Apex shirts for sale. If you would like to purchase one or more, please email us.



#1

Color Options: Light Blue (Teal Logo), Light Blue (White Logo), Teal (White Logo), White (Teal Logo)  
Size Options: S, M, L, XL, 2XL, 3XL, 4XL, 5XL, 6XL



#2

Color Options: Light Blue (Teal Logo), Light Blue (White Logo), Teal (White Logo), White (Teal Logo)  
Size Options: S, M, L, XL, 2XL, 3XL, 4XL, 5XL, 6XL



#3

Color Options: Light Blue (White Logo), Teal (White Logo)  
Size Options: S, M, L, XL, 2XL, 3XL, 4XL, 5XL, 6XL



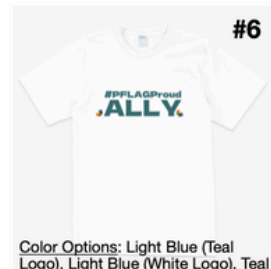
#4

Color Options: Light Blue (Teal Logo), Light Blue (White Logo), Teal (White Logo), White (Teal Logo)  
Size Options: S, M, L, XL, 2XL, 3XL, 4XL, 5XL, 6XL



#5

Color Options: Light Blue (Teal Logo), Light Blue (White Logo), Teal (White Logo), White (Teal Logo)  
Size Options: S, M, L, XL, 2XL, 3XL, 4XL, 5XL, 6XL



#6

Color Options: Light Blue (Teal Logo), Light Blue (White Logo), Teal (White Logo), White (Teal Logo)  
Size Options: S, M, L, XL, 2XL, 3XL, 4XL, 5XL, 6XL



#7

Color Options: Light Blue, Teal, White  
Size Options: S, M, L, XL, 2XL, 3XL, 4XL, 5XL, 6XL



#8

Color Options: Light Blue, Teal, White  
Size Options: S, M, L, XL, 2XL, 3XL, 4XL, 5XL, 6XL



#9

Color Options: Teal, White  
Size Options: S, M, L, XL, 2XL, 3XL, 4XL, 5XL, 6XL

♥ LEADING WITH LOVE ♥

# Events and Resources

## Local Event

This **Saturday, March 22**, Saint Francis United Methodist Church and the First Cary Inclusive & Affirming Methodists (I+AM) group are excited to co-sponsor a free **LGBTQIA+ seminar** from 9 am to 12:30 pm at Saint Francis UMC, 2965 Kildaire Farm Rd. in Cary.

More information and registration can be found at <https://tinyurl.com/52mu8jz4>

## PFLAG Event

PFLAG National is hosting a webinar on **March 20 at 8:30PM EST: [Safety Tips for PFLAG: Social Media Safety and Best Practices](#)**.

In this session, they'll provide **best practices for staying safe online**, how to navigate tough situations on social media, and their recommendations for making the most of your social media presence as well as your time spent on these platforms.

## Resources

Here are some resources that may be of help to you. Contact us for local resources and recommendations.

[PFLAG National Newsletter](#)

[PFLAG Connects Communities](#)

[LGBT Center of Raleigh](#)

[LGBTQ Center of Durham](#)

[Safe Space NC](#)

[Campaign for Southern Equality](#)

[ACLU](#)

[Human Rights Campaign](#)

[Lambda Legal](#)

[Trevor Project](#)

[Transgender Law Center](#)

[Trans Youth Equality Foundation](#)

## STAY IN TOUCH



**Email**  
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**Website**  
pflagapex.org



**Facebook**  
@PFLAG Apex



**Instagram**  
@PFLAG\_Apex