



I was recently struck by a quote from Lady Bird Johnson regarding poverty, hope, and nature that I felt applies to the world we find ourselves in today. Her words reminded me that even in the harshest environments, beauty and **resilience can take root - and so can hope**. In the face of growing hate and pushback against the LGBTQ+ community, we see this same spirit in every pride flag hung in a small town window, every chosen name spoken with love, and every safe space carved out in a hostile world.

These moments - like geraniums blooming in coffee cans - may seem small but they are deeply powerful. They represent visibility, affirmation, and defiance. They remind LGBTQ+ people, especially youth, that they are not alone, and that **there is life, color, and courage even in places that try to suppress it**.

Just as Johnson believes hope was the “precious, indispensable ingredient” in the fight against poverty, it is also essential in the fight for LGBTQ+ rights and dignity. Hope fuels authenticity and the ongoing struggle for equality. When we nurture spaces where people can be fully themselves, we are planting flowers in concrete - symbols of resistance and growth. And where flowers bloom, so does hope. **And where hope lives, change becomes possible.**

**So let us be gardeners of that hope - speaking up, showing up, and standing firm for a world where everyone can bloom.**

**Beth - Member Engagement Coordinator**

## ***IN THIS ISSUE***

Board Member Note

Pride and Support Events

News, Events, and  
Resources

# 2025 Pride Events

Pride Month is almost here!

**Apex Pride is June 14.** We will have a booth! We still need member volunteers to help. [Sign up here!](#)

**Fuquay-Varina Pride Celebration is June 28.** We will have a booth! We still need member volunteers to help. [Sign up here!](#)

We are also fundraising with TWO amazing raffle baskets filled with donations from awesome companies! **Raffle starts June 1 and ends June 30. Winners will be announced July 1.**



## Date Nights Package!

- DPAC VIP Package: Includes 2 tickets, parking, and access to Presidential Club Lounge
- \$100 Gift card to Mayton Inn
- Movie & Snack Tickets to Carolina Theatre (Set of Two)
- Merchandise from Adventures in Bloom
- PFLAG Swag



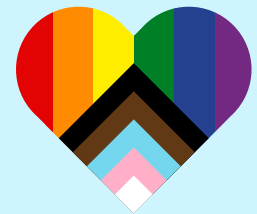
## Family Fun Package!

- NC Courage Ticket Box and Merchandise
- Two \$15 gift cards to Shake Shack
- Merchandise from Adventures in Bloom
- PFLAG Swag & Dog Bandanas
- Disney Pride keychain
- Pride Books



**\$2 Per Entry**  
**(Unlimited)**

***“We deserve to experience love fully, equally, without shame and without compromise .”***  
– Elliot Page



## SUPPORT MEETINGS

Our support meetings are the first Monday of each month. Contact us for location.

Our meetings are always free and you do not need to be a member.

**Monday June 2**  
**NEW TIME!**  
**7pm - 8:30pm**

**Monday July 7**  
**7pm - 8:30pm**

**Monday Aug 4**  
**7pm - 8:30pm**

# News, Events, and Resources

## Local Events

**Hope for Teens** is hosting their Queer Prom on **May 31**. Find more information on their [Instagram page](#).

**Dress for Success Triangle** is hosting their **3rd Safe Space Sale Day on June 4th**, from 4pm to 7pm at 701 William Vickers Ave in Durham. This event is designed to provide a welcoming and supportive space for LGBTQIA+ individuals to find professional attire and accessories that empower them to feel confident in themselves.

## Interested in membership?

A portion of membership dues are given to PFLAG National to assist in advocacy work and creating resources. The remainder goes toward hosting support meetings, and planning and participating in community events.



Paypal  
@pflagapex

## Resources

Here are some resources that may be of help to you. Contact us for local resources and recommendations.

[PFLAG National Newsletter](#)

[PFLAG Connects Communities](#)

[LGBT Center of Raleigh](#)

[LGBTQ Center of Durham](#)

[Safe Space NC](#)

[Campaign for Southern Equality](#)

[ACLU](#)

[Human Rights Campaign](#)

[Lambda Legal](#)

[Trevor Project](#)

[Transgender Law Center](#)

[Trans Youth Equality Foundation](#)

[Hope for Teens](#)

## STAY IN TOUCH



**Email**  
pflagapex@gmail.com



**Website**  
pflagapex.org



**Facebook**  
@PFLAG Apex



**Instagram**  
@PFLAG\_Apex