



Join us for our first speaker!

During our regularly scheduled monthly meeting, we will be hosting our first speaker. Join us at the **Halle Center in downtown Apex from 7 to 8:30 PM on Monday April 6.**

Dr. Julia Bernards is a local Licensed Marriage and Family Therapist with a personal and professional passion for the LGBTQ+ community. She is the mother of four children, three of whom have come out as queer and/or transgender. Her PhD dissertation was a qualitative study on Latter-day Saints families' processes on coming to accept a transgender child. **She will be sharing her research about the mental, emotional, social, and spiritual journey many parents of transgender kiddos experience**—one that is often transformative.

Follow us on Instagram

We have many exciting things coming up over the next few months from our first speaker to pride events to other groups' events. The best way to stay in touch is to follow our Instagram page [PFLAG Apex](#). More ways to reach us are listed below. Send us a DM if you'd like us to post anything!

SUPPORT MEETINGS

Our support meetings (18+) are usually on the first Monday of each month, except holidays. Contact us for location.

Our meetings are always free and you do not need to be a member to attend.

Monday April 6
7pm-8:30pm

Monday May 4
7pm-8:30pm

Monday June 1
7pm-8:30pm

STAY IN TOUCH



Email
pflagapex@gmail.com



Website
pflagapex.org



Facebook
@PFLAG Apex



Instagram
@PFLAG_Apex



Kendra Scott fundraiser

Kendra Scott Jewelry has partnered with us to host a **Kendra Gives Back virtual fundraiser on April 17 and 18.** During that time, 20% of online purchases will be donated to PFLAG Apex. We will be posting details on our social media with more information.

Extending our scholarship deadline

We are extending our scholarship deadline to May 31. Details and application can be found on our website at pflagapex.org/2026-pflag-apex-high-school-scholarship.

PFLAG's mission is to create a caring, just, and affirming world for LGBTQ+ people and those who love them. The purpose of these scholarships is to **reward outstanding LGBTQ+ students and allies**, to encourage them to continue and complete post-secondary education, and to promote a positive image of LGBTQ+ youth.

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