



Pride wrap up!

As we come close to concluding Pride Month 2026, and wrapping up our fourth Pride Season with PFLAG Apex, I like to reflect on what we all accomplished. We **continue to grow each year**, and now we are only the PFLAG chapter in the Triangle.

This year one of our priorities was to **build connections with our local government** and learn more about how we can best contribute and help our local community. I truly appreciate the meaningful and productive conversations I had with Jacques Gilbert, Mayor of Apex, NC and three of our town council members (Shane Reese for Apex, Terry Mahaffey, Apex Town Council Member, and Arno Zegerman - Apex Town Councilmember). It reminded me to not be afraid to reach out, and to initiate the opportunity to ask and answer questions. Through those meetings, **PFLAG Apex was honored to be the recipients of the Apex Pride Proclamation this year**, and got to speak at the town council meeting. It felt like a big step in the right direction for us.

We also participated in two Pride Events- **Apex Pride Stories & Out! Raleigh Pride Festival**. I think as a chapter we are so appreciative to every single person and family who stops by our booth and shares their history and connection to the LGBTQ+ community. It's that human connection that really matters, and if you don't understand why Pride exists, I have SO MANY stories of people's experiences that 100% validates why Pride is so important to not only the LGBTQ+ community, but to our entire society. Ironically, the more hate and discrimination that we have in our country, the more important Pride events and LGBTQ+ organizations become. From my perspective, **our society thrives when we respect diversity and culture**.

As I typically say to someone who says that they don't understand or that they don't get it (especially related to transgender folx), "you don't have to fully understand someone, to simply be respectful and kind." I don't find it productive or worth the energy to argue with someone who has very clear anti-LGBTQ+ beliefs, but from my experiences this Pride month, I think it's worth it to have conversations and answer questions from folx who are truly "in the middle" (not against but not actively an ally) and try to meet them where they're at.

As always, incredibly grateful to be part of the PFLAG Family. It's hard to express the joy and meaning that it brings. Happy Pride Ya'll!!

Ashley
Fundraising and Event Coordinator

SUPPORT MEETINGS

Our support meetings (18+) are usually on the first Monday of each month, except holidays. Contact us for location.

Our meetings are always free and you do not need to be a member to attend.

Monday August 3

7pm-8:30pm

Monday September 14

7pm-8:30pm

Monday October 5

7pm-8:30pm

STAY IN TOUCH



Email
pflagapex@gmail.com



Website
pflagapex.org



Facebook
@PFLAG Apex



Instagram
@PFLAG_Apex



Lots of events and updates!

Our Pride raffle basket fundraiser **raised \$980** for our chapter. Thank you to everyone who donated!

Our first men's meetup was a success! We are happy to report our next quarterly **Men's Meetup** will be **Thursday, August 20 at Fortnight Brewing in Cary from 6:30-8pm.**

Save the date for our annual fundraiser **Queers, Comics, and Queens**. It will be **Monday, November 2 at Fortnight Brewing** in Cary. If you know a local business that would like to donate prizes for this event, please let us know.

Follow us on Instagram

We have many exciting things coming up over the next few months from our next men's event to our annual fundraiser to other groups' events. The best way to stay in touch is to follow our Instagram page [PFLAG Apex](#). More ways to reach us are listed below. Send us a DM if you'd like us to post anything!

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